Ramesh Balsekar Consciousness Speaks

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a worthy successor to i am that ramesh s most accessible and easy to understand book an excellent place to start or end your search it is highly recommended both for the newcomer to advaita and the more knowledgeable student of the subject

is spiritual understanding something apart from daily living not according to ramesh balsekar

s teaching he says spiritual understanding brings with it a wonderful sense of harmony a lack of tension and a sense of freedom in daily living as a retired bank president golfer and family man ramesh doesn t fit the stereotype of an indian guru yet his background and education combine with his understanding to make him a master who is an ideal bridge between east and west between the spiritual and material

both dylan and cohen have been a presence on the music and poetry landscape spanning six decades this book begins with a discussion of their contemporary importance and how they have sustained their enduring appeal as performers and recording artists the authors argue that both dylan and cohen shared early aspirations that mirrored the beat generation they sought to achieve the fame of dylan thomas who proved a bohemian poet could thrive outside the academy and to live his life of unconditional social irresponsibility while dylan s and cohen s fame fluctuated over the decades it was sustained by self consciously adopted personas used to distance themselves from their public selves this separation of self requires an exploration of the artists relation to religion as an avenue to find and preserve inner identity the relationship between their lyrics and poetry is explored in the context of federico garcía lorca s concept of the poetry of inspiration and the emotional depths of duende such ideas draw upon the dislocation of the mind and the liberation of the senses that so struck dylan and cohen when they first read the poetry and letters of arthur rimbaud and lorca the authors show that performance and the poetry are integral and the duende or passion of the delivery is inseparable from the lyric or poetry and common to dylan cohen and the beat generation

stagnate as a creepy caterpillar or transform into a beauteous butterfly this path breaking book of a rare genre suggests is the seminal choice before mankind and every one of us in this setting the book raises some fundamental questions what is man s rightful place in the

cosmos and his manifest destiny on earth why are we so self righteously self destructive are we a doomed species or divine beings struggling to overcome the hubris of the human intellect is god getting weary of mankind how should we synergize human effort and divine grace the book posits that any betterment in human behavior needs a cathartic change at the deepest levels that requires diluting the dominance of the mind and reawakening the long dormant intelligence of the human heart to meet that challenge we need minimum numbers a critical mass to create self sustained momentum for transformation through consciousness change and every single human of this generation should behave in such a way that he or she is that single person whose transformation could make the decisive species scale difference the book offers a menu of ideas and an agenda of action this book could be itself become an input to mobilize that very critical mass it advocates for human transformation well planned and cohesively written the book is noteworthy for its delightful blend of information and arguments and reveals the depth of the author s understanding of the human predicament this is a closely argued and thought provoking book the hindu 13 sept 2011 this book is a gripping exposition on human nature and self transformation without preference to religion challa has critically provided a foundational argument for a deeper discussion of philosophical and practical ideals concerning self transformation harmonizing the head and the heart is the way for humans to function as spiritual beings recommended by the usr the us review of books the author reflects upon the crisis of contemporary civilizations and outlines a blueprint for a new world order based on progressive spiritual values and change of human consciousness the strength of this treatise is the sweep of challa s reach and his treatment of a vastly complex set of issues that bedevil humankind today india international center quarterly summer 2012 as a thinker and erudite scholar the author has made a profound study of the world situation and the moral decadence of man this book deserves to be on the shelves of university college and public libraries triveni magazine july sept 2011 it is difficult to pigeon hole this book as a prophetic discourse a journey into the human mind a guide for human survival a spiritual treatise it is an amalgam of all these and more the volume reaches out to those who are already uneasy about the way we on this earth are progressing the book review india june 2013

what is life when seeking ends just what is nothing more or less an ordinary person doing ordinary things not wishing to be more or less content to simply be herself dorothy hunt only this do you ever feel as if your spiritual search is getting you nowhere that despite sincere intention and effort you re reaping frustration instead of fruit in ending the search dorothy hunt unravels a dilemma that has vexed countless people on a spiritual path you may have tried all manner of practices meditation guru shopping chanting prayer and still you have not attained your heart s desire she writes this book is about the ego s spiritual ambition its search for its idea of enlightenment its struggles and its eventual fate as seeker becomes the sought ending the search explores the deep spiritual impulse to awaken and the ways a future focused mind co opts or veils what is timelessly free loving and ever present dorothy invites us to follow our longing for truth love or enlightenment back to their source the heart that is beckoning us beyond separation while describing and honoring different practices and paths taken in one s search for truth she emphasizes the practice of self inquiry as taught by ramana maharshi we are invited to search not for an idea of something out there but for the true identity of the seeker the unnamable mystery that is compassionately aware existing right now in each of us the book also looks at the processes of embodiment and surrender the need for ruthless honesty without self judgment and in its concluding section shares a vision of life lived authentically the spiritual search is a call to remember who or what you essentially are explains dorothy hunt what ends the search is actually present from the very beginning beckoning you to come home in truth you are what you seek yet you must make the discovery for yourself this is your invitation with ending the search highlights the nature of spiritual ambition when practice becomes problematic how the thinking mind separates us from the moment silence and stillness our greatest teachers ego and the trance of separation the human heart as a doorway to the infinite the freedom of presence the price of realization gurus spiritual teachers and charlatans undoing core egoic beliefs resting the mind in the heart of awareness

this work demystifies the entire subject of spirituality and the phenomena of enlightenment and liberation by demonstrating how they have a scientific basis and are definable in scientific psychological terms

a visual journey in meditation conscious flight into the empyrean is a touching revelation of the mystical experience brought to us by a modern woman of the nineties the author learns meditation and in a flash she is catapulted into a world where pillars of light flower within twinkling stars encircle her form snakes twirl on top of her head and invisible hands clean out the inside of her head with tiny brushes and other instruments she travels through tunnels of light has brief glimpses of past lives and zooms into the incredible experience of oneness with the universe becoming the sky the river and the sea this rare depiction of the visual unfolding of the kundalini energy challenges conventional views of perception and experience the book is a first hand account of an extraordinary voyage into the subtle realms with the author s own illustrations of the visions seen in her daily meditations

from here to nirvana is the ultimate guide to seeking out the best gurus and spiritual communities in india giving the lowdown on food facilities and bringing your own mosquito net as well as when to go what to pack and how to get there from the foothills of the himalayas to the malabar coast cover slightly shop soiled condition good

prose rendering with commentary of a medieval verse work on the advaita school in the hindu philosophy

a grasshopper s pilgrimage spirals in directions unpredictable as it follows its free spirited and soul searching protagonist this tale is host to a delightful motley bunch of characters sufi babas smoking hippies freedom fighters and foreigners without visas it is a love story of a woman s inner journey as she circles the feet of her beloved mountain

reared in the hindu tradition quantum physicist amit goswami integrates our spiritual heart with our scientific head

consciousness is all there is so who is to know or seek what all there is is the impersonal functioning of consciousness or god reflecting within itself the totality of manifestation live life making decisions and accepting the consequences as if you have free will knowing it is consciousness seeking doing living deciding ramesh balsekar is an awakened sage whose long life has been devoted to ramana maharshi and whose final guru was nisargadatta maharaj he perfectly reflects both east and west born and raised in bombay india thinking and speaking in english student of sanskrit and translator of the bhagavad gita intimately familiar with the taoist and chan classics as well as the new paradigm consciousness is all there is which has emerged from quantum mechanics poignantly clear and precise and delightfully humorous his teaching makes life simple

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